

## Update on Selected Priorities and Activities since the 2022 Community Health Needs Assessment - **Aroostook County**

In response to the 2022 Community Health Need Assessment (CHNA) along with community input, hospitals and local districts developed their own three-year strategies and plans. Below are these organization’s updates on their selected priorities and activities since the 2022 Community Health Needs Assessment. The Community Action Programs developed their plans in response to community input and their 2022 Community Needs Assessment. One full year of implementation has taken place to date in 2023, 2024 implementation work is currently underway with 2025 work on the horizon for implementation activity on these identified priorities.

For a number of organizations listed in this document priority work spans across multiple counties throughout Maine though their physical location may be in one county.

Priority	Activities	Partners	Key Accomplishments
<b>Organization – Aroostook District Public Health Improvement Plan</b>			
Priority	In 2023		
	In 2024		
Priority	In 2023		
	In 2024		
Priority	In 2023		
	In 2024		
Priority	In 2023		
	In 2024		
<p><b>Additional information on the Aroostook District Public Health District activity can be found at:</b>  <a href="http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district8/shtml">http://www.maine.gov/dhhs/mecdc/public-health-systems/lphd/district8/shtml</a>                      Contact: <b>Stacy Boucher, Aroostook Public Health District Liaison 207-493-4087 or <a href="mailto:stacy.boucher@maine.gov">stacy.boucher@maine.gov</a></b></p>			
<b>Organization - Houlton Regional Hospital</b>			
Mental Health and Substance Use	In 2023, Houlton Regional Hospital worked closely with other community care partners to respond to the needs of those in need of mental health and substance abuse services.	Primary Care Providers, DHHS, AMHC, Groups, Bangor Public Health, local GROUPS,law enforcement and other area Social Service/Case Management Agencies	Quarterly meetings were established to address the needs of individuals and to provide better access to mental health treatment for the people of our service area. Additionally, we continue our support of Medication Assisted Treatment programs and the Cradle ME
	In 2024, we formed closer working relationships with area treatment facilities for individuals with mental health needs	Acadia Hospital, Northern Maine Medical Center	Increased communication has lead to better care coordination and transfer when needed, for children and adults with mental health needs.
	In 2023, Houlton Regional Hospital worked with other community partners to improve the overall health and well being of the communities we serve by addressing food insecurity and access to healthcare.	Katahdin Bank, FA Peabody Company, Bangor Savings Bank	*With our partners, we planted a community garden that allowed us to distribute approximately 130 bags of fresh vegetables to those in need.

Priority	Activities	Partners	Key Accomplishments
Social Determinants of Health		Aroostook Agency on Aging, AR Gould, Northern Maine Medical Center, AMHC, Aroostook Public Health Distric Coordinating Council, Cary Medical Center, cahtolic Charities, Healthy Living for ME, Houlton Band of Maliseet Indians, KVHC, UMPI	*Participated in the Aroostook County Health Improvement Project
	In 2024, we have been continuing our efforts to improve the health and well-being of our communities	Hannaford Supermarket, FA Peabody Company, Bangor Savings Bank, The Carleton Project, Houlton Senior/Junior High School, Wabinaki Public Health	*Another Community garden has been planted
		ACHIP Partners	*ACHIP has identified key areas of support needed by our communties to include transportation and "community belonging"
Senior Adult Health	In 2023, we explored avenues that would improve access to healthcare for our senior population	Madigan Healthcarem Gardiner Healthcare, Crestview Manor, Northern Light Home Health, Aroostook Home Health/Valley Home Health Services, ACHIP Partners	Established collaborative partnerships to assist seniors in meeting their healthcare needs across the continuum
	In 2024, the collaborations continued		*Maintain working relationships with our partners, including participatin in ACHIP subgroups on Transportation and Belonging. This work has led to additonal service by ARTS from Houlton to Presques Isle for medical care not provided in our community.
<b>Additional information on Houlton Regional Hospital's priority activity can be found at:</b>			