## **HOULTON REGIONAL HOSPITAL**

## Community Health Needs Assessment Implementation Plan 2022/2023 Collaboration with the Aroostook Public Health Council

## Top Health Priorities for Aroostook County, as identified in the Maine Shared Community Health Needs Assessment

| Health Priority                            | Activities   | Partners   | Anticipated Impact                          | Key Accomplishments   |
|--|--|--|---|---|
| Mental Health and<br>Substance/Alcohol Use | *Establish quarterly<br>Community Care<br>Coordinating Program   | Law Enforcement, Primary<br>Care Providers, DHHS,<br>Area Social Service<br>Agencies, Case<br>Management Agencies,<br>AMHC | Better access to treatment for our Patients | Quarterly meetings have been established to review and address the needs of individuals with mental health and substance abuse issues .   |
|  | *Medication Assisted<br>Treatment Program  | Bangor Public Health,<br>AMHC, GROUPS  | Reduction in Drug-Related<br>Deaths         |   |
|  | *Cradle ME Program   | Statewide Program<br>adopted by Houlton<br>Regional Hospital   | Soothing Drug-Affected<br>Infants           |   |
|  | *Increase advocacy for<br>appropriate patients with<br>Acadia Hospital and<br>NMMC Inpatient<br>Psychiatric Unit | Acadia Hospital<br>NMMC  | Improved access to inpatient services       | Increased communication and care coordination with facilities providing psychiatric care for adults and children has resulted in faster transfer to facilities better equipped to provide care for these individuals. |

| Health Priority    | Activities   | Partners  | Anticipated Impact   | Key Accomplishments |
|--------------------|--|---|--|---------------------|
| Access to Care     | *Re-establish training partnerships for local EMT trainees   | Local EMS Providers and<br>Community Colleges   | Increase the number of qualified first responders in the communities we serve                                  |                     |
|                    | *Work with Local EMS Directors to better communicate the urgent care needs of the hospital and community       | Local EMS Providers   | Decrease time for urgent/emergent transfers to tertiary facilities   |                     |
|                    | *Identify and implement appropriate telehealth specialty services  | CONFERMed and other<br>Telehealth Specialty<br>Providers  | Provide more specialty services closer to home   |                     |
|                    | *Continued Recruitment of Primary Care Providers   | University of New<br>England, Recruitment<br>Agencies, Maine Office of<br>Primary Care  | Increased provision of<br>Primary Care Services  |                     |
| Older Adult Health | *Explore implementation of outpatient case management  | Houlton Regional Hospital<br>Case Management, CCPM  | Improved care coordination and integration of patient support services and resources for better access to care |                     |
|                    | *Re-establish quarterly<br>Meetings with area Long<br>Term Care facilities and<br>area Home Health<br>agencies | Madigan Healthcare<br>Services, Gardiner<br>Healthcare, Crest View<br>Manor, Northern Light<br>Home Health,<br>Valley/Aroostook Home<br>Health Services | Collaboration to meet patient care needs along the care continuum  |                     |

|                               | 1                       | T .   | T  | T   |
|-------------------------------|-------------------------|---|--|---|
|                               | Participate in the      | Aroostook Agency on   | Improve health outcomes  |   |
|                               | Aroostook County Heath  | Aging, AR Gould Hospital,   | for County residents by  |   |
|                               | Improvement Project.    | Northern Maine Medical  | addressing social  |   |
|                               |                         | Center, AMHC, Aroostook   | determinants of health   |   |
|                               |                         | Public Health District, Cary  |  |   |
|                               |                         | Medical center/Pines,   |  |   |
|                               |                         | Catholic Charities, Ethos,  |  |   |
|                               |                         | Healthy Living for ME,  |  |   |
|                               |                         | Houlton Band of Maliseet  |  |   |
|                               |                         | Indians, KVHC, Maine  |  |   |
|                               |                         | Veteran's Homes, Presque  |  |   |
|                               |                         | Isle Housing Authority,   |  |   |
|                               |                         | UMPI  |  |   |
|                               |                         |   |  |   |
| Social Determinants of Health | Host Community Garden   | Katahdin Bank, FA Peabody, Bangor Savings Bank and other new partners | Increased access to free seasonal vegetables to area residents | With our partners, we were able to distribute approximately 130 bags of fresh vegetables to our communities |
|                               | Fuere The First Teeth   | Children's Onel Health  | Lucy no cond Cond Haralth for                                  |   |
|                               | From The First Tooth    | Children's Oral Health  | Improved Oral Health for                                       |   |
|                               | Program                 | Program of Maine  | Children   |   |
|                               | Prescription Assistance | Various Pharmaceutical  | Improved access to   |   |
|                               | •                       | Manufacturers   | needed medications for   |   |
|                               | Program                 | ivianulacturers   |  |   |
|                               |                         |   | patients who qualify for                                       |   |
|                               |                         |   | lower income assistance  |   |