

Need a Facemask?? . . . here's a pattern to make your own!!  
 Houlton Regional Hospital will be making 4" x 5" pieces of Tyvek barrier product to be inserted into the inner pocket.  
 Tyvek pieces will be available by Monday, April 6<sup>th</sup>.

INSTRUCTIONS FOR MASK WITH INSIDE POCKET

- 1) Cut one piece of tightly woven fabric 9 1/2" x 7"
- 2) Cut two pieces of tightly woven fabric 7" x 5"



- 3) On the two smaller pieces, fold over the long side about a 1/4" and stitch. Only do one side (the other side will be sewn to the larger piece).



- 4) Center 7" raw edge on the 9 1/2" side, right sides together and stitch



- 5) Turn to right sides; fold at the stitched seam (press with iron if necessary) and top stitch a generous 1/4" on both sides. Insert a bendable nose piece into one side (top).



- 6) Starting about 1 1/4" from top, fan fold 3 pleats. Press. Stitch down both raw edges to keep pleats in place.



- 7) Center a ribbon (at least 33" long) along pleated raw edge, fold raw edge over twice and stitch closed.

